

The definition from Wikipedia:

In music, the term tessitura (Italian for texture) generally describes the most musically acceptable and comfortable timbre for a given voice or, less frequently, musical instrument; the range in which a given type of voice presents its best-sounding texture or timbre.)

A very soft romantic ballad might work best in the lower part of your voice, while an up-tempo swing or latin tune might work best in a higher part of your voice.

1. Begin by singing the song on your own without any accompaniment.
2. Raise or lower the pitch until you are singing in a range where the song feels comfortable.
3. Determine the opening or ending note of where you have chosen to sing and check it with your music. If the note on the sheet music is C and you are singing that not as a Ab, then you are singing down (or up) 4 half-steps from the written key.
4. Whatever the key of the written music your key is 4 half steps below. You can make yourself a simple handwritten transposition chart like the one below.

Old Key	C	C# Db	D	D# Eb	E	F	F# Gb	G	G# Ab	A	A# Bb	B
New Key	G# Ab	A	A# Bb	B	C	C# Db	D	D# Eb	E	F	F# Gb	G